**EFL Championship: Millwall vs Middlesbrough - Betting Tips, Odds & Prediction**

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Prediction, Tips and Odds from the top Bookmakers. All you need to know before the Championship tussle between Millwall vs Middlesbrough, on Saturday, April 12th, 2025 at 15:00.

Two of the league’s prime playoff contenders, Millwall and Middlesbrough meet at The Den in the English Championship on Saturday, April 12th. View our [England Championship betting](https://www.mansionbet.com/football/england-championship/) tips for the clash below.

## Millwall City vs Middlesbrough Best Odds

|  |  |  |
| --- | --- | --- |
| Millwall [21/10 (+210)](https://www.mansionbet.com/blog/go/betzone-efl-tvt/) | X [11/5 (+220)](https://www.mansionbet.com/blog/go/fitzdares-efl-tvt/)  | Middlesbrough [11/8 (+138)](https://www.mansionbet.com/blog/go/rhinobet-efl-tvt)  |
| Over [11/10 (+110)](https://www.mansionbet.com/blog/go/fitzdares-efl-tvt/)  | **2.5 Goals** | Under [4/6 (-150)](https://www.mansionbet.com/blog/go/betzone-efl-tvt/) |
| Yes [4/5 (-125)](https://www.mansionbet.com/blog/go/rhinobet-efl-tvt)  | **BTTS** | No [10/11 (-110)](https://www.mansionbet.com/blog/go/rhinobet-efl-tvt)  |

## Millwall vs Middlesbrough Analysis

### Millwall

Millwall strengthened their playoff push with a superb 1-0 win at title-chasing Sheffield United on Tuesday evening and that fine result at Bramall Lane will have galvanised the Lions’ confidence ahead of their next test on Saturday.

Despite sitting just two places and three points behind Middlesbrough, Millwall go into the weekend as underdogs on [betting sites for football](https://www.mansionbet.com/football/), though they have the tools to defy the odds with home advantage likely to be key.

Alex Neil’s Millwall are chasing a fourth win in six assignments in the intimidating atmosphere at The Den on Saturday.

**Team news:** Japhet Tanganga, Raess Bangura-Williams, Duncan Watmore, Shaun Hutchinson, Femi Azeez, Camiel Neghil, Zakariya Lovelace, Callum Scanlon and Dan McNamara are injured for Millwall.

**Predicted Lineup:** Jensen, Leonard, Crama, Coopere, Bryan, Honeyman, De Norre, Mitchell, Cundle, Coburn, Ivanovic

### Middlesbrough

Middlesbrough also faced one of the Championship’s title challenges in midweek, however, despite a valiant effort, Michael Carrick’s troops slipped to a 1-0 reverse at home to Leeds.

Middlesbrough had won three and drawn one of their four games preceding Tuesday’s narrow loss, though their return of just two wins from their last eight away fixtures in the division is a cause for concern and that record has convinced us to oppose Boro in our [English Championship betting](https://www.mansionbet.com/football/) tips for Saturday.

**Team news:** Middlesbrough will be without Harley Hunt, Darragh Lenihan, Alex Bangura, Thomas Smith, Neto Borges, George Edmundson, Soloman Brynn, Luke Ayling, Ben Doak, Seny Dieng on Saturday.

**Predicted Lineup:** Travers, Dijksteel, Howson, van den Berg, Iling-Junior, Burgzorg, Morris, Hackney, Azaz, Iheanacho, Conway

## Millwall vs Middlesbrough Stats and Trends

* Millwall have won three of their last four fixtures in the Championship.
* Middlesbrough have failed to win six of their last eight away games in the league.
* Seven of the last eight meetings between Millwall and Middlesbrough have featured under 2.5 goals.
* Middlesbrough have collected fewer yellow cards (61) than any other team in the Championship this season.

## Millwall vs Middlesbrough Prediction

A win for Millwall on Saturday would put them level on points with playoff rivals Middlesbrough and we’re backing The Lions to carve out the victory they need. Millwall’s win at Sheffield United on Tuesday evening – which was their third win in four Championship assignments – would have been a massive confidence booster and with momentum building, Millwall can score another significant win at Boro’s expense.

**Prediction:** Millwall to win – [21/10 (+210) - Fitzdares](https://www.mansionbet.com/blog/go/rhinobet-efl-tvt)

## Millwall vs Middlesbrough – The Ultimate Bet:

### Under 2.5 goals – 4/6 (-150)

Whatever the outcome of Saturday’s game is, the route to the result is unlikely to be paved with goals and excitement. The reverse fixture between the clubs in December finished 1-0 in Boro’s favour and margins should be just as slim in this weekend’s rematch.

Indeed, a whopping seven of the club’s last eight encounters featured under 2.5 goals and the same market appeals here. Millwall’s games at The Den have routinely been low-scoring affairs this term, with their league fixtures there averaging just 2.00 goals per game since the start of the campaign. Expect another war of attrition at that venue on Saturday.

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